



Advice to Parents and Carers

Choosing a holiday or out of school activity is a big step. Each activity is different so try and contact several activity organisers in order to see what would be best for both you and your child.

Here are a few suggestions for questions you may wish to ask when you contact an activity organiser.

Tip: Ask open questions using the words: how, when, where, why and what. This way, you are likely to obtain more information.

- ✓ Are your staff CRB checked?
- Do you have Public Liability Insurance?
- Does your activity cater for children with Additional Needs?
- Does your activity cater for children with Special Needs?
- What experience and training have you/your staff had?
- Is a qualified first-aider present at all times?
- Can my child have a say in the activities that they take part in?
- Is an adult required to stay with the child during the activity?
- Is this a family activity?

Further suggestions for parents/carers of children who are disabled or have additional needs

- How will you manage if my child doesn't communicate with speech?
- Are you happy for my child to take part with 1:1 support?
- My child needs various personal care, are you able to accommodate this, with appropriately trained staff and appropriate facilities?
- Sometimes my child needs time out to regain focus on the session. How are you able to accommodate this safely? What strategies are in place to support children who display more challenging behaviours?
- How do you ensure that all of the children in your sessions understand what they should be doing and what is expected of them?
- Are you able to support my child with more individual support?

Finally.....

**Always trust your own feelings about an activity
you know your child best!**

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